

PRACTICE NAME PATIENT NAME/ IDENTIFIER DATE

ADDRESS EMAIL

CITY/ SUBURB STATE POST CODE COUNTRY PH.

STEP 1. ORTHOTICKS PRO - CUSTOMISED

TYPE PRO - FULL LENGTH PRO - 3/4 LENGTH PRO LITE

SIZE (US) **SK** (8-10 KIDS) **XXS** (5-6 WOMENS, 4-5 JNR) **M** (11-12 WOMENS, 9-10 MENS) **XXL** (15+ MENS)
 MK (11-13 KIDS) **XS** (7-8 WOMENS, 6-7 JNR) **L** (11-12 MENS)
 LK (1-3 JNR) **S** (9-10 WOMENS, 7-8 MENS) **XL** (13-14 MENS) NOTE: PRO LITE XXS - L ONLY

STEP 2. FOOT TYPE

PRONATED: MILD MODERATE SEVERE **NEUTRAL:** **SUPINATED:** MILD MODERATE SEVERE

STEP 3. PATHOLOGY

GENERAL COMFORT PREVENTION PERFORMANCE

LOWER BACK/HIP SIJ SCIATICA

LEG/KNEE ANTERIOR: PFJ / PATELLA LATERAL: ITB / LCL / JOINT MEDIAL: ADDUCTOR / MCL / JOINT

LOWER LIMB/ANKLE ACHILLES TENDONOPATHY GASTROC/SOLEUS PATHOLOGY SHIN SPLINTS: ANTERIOR
 ANKLE EQUINUS LATERAL ANKLE SPRAINS SHIN SPLINTS: POSTERIOR
 ANTERIOR IMPINGEMENT SYNDROME PERONEAL PATHOLOGY TIBIALIS ANTERIOR PATHOLOGY

REARFOOT PATHOLOGY CPHP / PLANTAR FASCIITIS PLANTAR CALCANEAL BURSIITIS TARSAL TUNNEL SYNDROME
 FAT PAD SYNDROME RETROCALCANEAL BURSIITIS TIBIALIS POSTERIOR PATHOLOGY

MIDFOOT PATHOLOGY CUBOID SYNDROME MIDTARSAL JOINT / LISFRANC STRAIN PLANTAR FASCIA PATHOLOGY

FOREFOOT PATHOLOGY 1ST MPJ INJURY FUNCTIONAL HALLUX LIMITUS METATARSALGIA (CAPSULITIS/BURSIITIS)
 5TH METATARSAL INJURY HALLUX RIGIDUS NEUROMA: INTERDIGITAL NEURITIS
 CORNS / CALLUS HAV (BUNIONS) PLANTAR PLATE INJURY
 FRIEBERGS OSTEOCHONDRITIS METATARSAL STRESS FRACTURE SESAMOID INJURY

KIDS PATHOLOGY FLAT FEET CALCANEAL APOPHYSITIS: SEVERS PAEDIATRIC INTOEING
 OSG SCHLATTERS/SINDING - LARSEN PAEDIATRIC OUTTOEING PAEDIATRIC TOE WALKING

STEP 4. CLINICAL TESTS (if performed)

RANGE OF MOTION NWB ANKLE >10° <10° SUBTALAR JOINT (STJ) INVERSION >20° <20° EVERSION >10° <10° MIDTARSAL JOINT (MTJ) MOBILE RESTRICTED 1ST METATARSOPHALANGEAL JOINT (1ST MPJ) >65° 20° - 65° <20°

RESTING STANCE POSITION CALCANEUS POSITION INVERTED (SUPINATED) VERTICAL (NEUTRAL) EVERTED (PRONATED) ARCH HEIGHT LOW NORMAL HIGH MSRT FORCE LOW MODERATE HIGH

SAGITTAL PLANE ASSESSMENT LUNGE TEST > 10CM < 10CM JACKS TEST FORCE LOW HIGH JACKS TEST RANGE LOW HIGH

STEP 5. TOP COVER

DURAFIT™ SMOOTH BLACK BRONZE COCOA SKIN

DURAFIT™ SEMI-PERFORATED ANTHRACITE BEIGE BLACK BLUE CAMEL CREAM LIME
 MAGENTA ORANGE MARINE (NAVY) SILVER SKIN STONE

EVA (GENERAL/SPORTS) BLACK BLUE LIME GREEN NATURAL PINK SWIRL RED
 BLACK & GREY BLUE SWIRL LIME SWIRL PINK PURPLE YELLOW

NORA™ DIABETIC ANTI SHEAR 3mm

DELIVERY

STANDARD DISPATCH 5 WORKING DAYS EXPRESS DISPATCH 3 WORKING DAYS

OTHER INSTRUCTIONS

I ACKNOWLEDGE THAT I HAVE CHECKED THE PRESCRIPTION AND IT IS COMPLETE AND CORRECT

DOL101

ADDITIONAL PAIRS

TYPE
TOP COVER