

DATE

PRACTICE NAME

PRESCRIBER

PATIENT NAME

WEIGHT  <60kg  60-90kg  >90kg GENDER  M  F SHOE SIZE (US)

### ORTHOTIC TYPE



- CUSTOM POLYPROPYLENE ORTHOTIC
- CUSTOM EVA ORTHOTIC



- ORTHOTIC PRO (CUSTOMISED PREFAB)

### ORTHOTIC AIM

#### GENERAL COMFORT AND PREVENTATIVE TREATMENT

- GENERAL PRONATED
- GENERAL SUPINATED
- NEUTRAL

#### KNEE/LEG PATHOLOGY

- ANTERIOR KNEE PAIN
- MEDIAL KNEE PAIN
- LATERAL KNEE PAIN
- ILIOTIBIAL BAND (ITB)
- OS GOOD SCHLATTERS
- PATELLO-FEMORAL SYNDROME
- PAEDIATRIC OUTTOEING
- PAEDIATRIC INTOEING
- PAEDIATRIC TOE WALKING

#### LOWERLIMB/ANKLE

- ACHILLES TENDINOPATHY
- ANKLE EQUINUS
- ANTERIOR IMPINGEMENT SYNDROME
- FLEXOR HALLUCIS PATHOLOGY
- GASTROC/SOLEUS PATHOLOGY
- LATERAL ANKLE SPRAINS
- PERONEAL TENDON PATHOLOGY
- SHIN SPLINTS: ANTERIOR
- SHIN SPLINTS: POSTERIOR
- TIBIALIS ANTERIOR PATHOLOGY

#### REARFOOT PATHOLOGY

- CALCANEAL APOPHYSITIS: SEVERS DISEASE
- CHRONIC PLANTAR HEEL PAIN: PLANTAR FASCIITIS
- FAT PAD SYNDROME
- PERONEAL PATHOLOGY
- PLANTAR CALCANEAL BURSIITIS
- RETROCALCANEAL BURSIITIS
- TARSAL TUNNEL SYNDROME
- TIBIALIS POSTERIOR PATHOLOGY

#### MIDFOOT PATHOLOGY

- CUBOID SYNDROME
- LISFRANC INJURY
- MIDTARSAL JOINT SPRAIN
- NAVICULAR PATHOLOGY
- PLANTAR FASCIA PATHOLOGY

#### FOREFOOT PATHOLOGY

- 1ST MPJ INJURY
- 5TH METATARSAL INJURY
- CORNS/CALLUS
- FRIEBERGS OSTEOCHONDRITIS
- FUNCTIONAL HALLUX LIMITUS
- HALLUX RIGIDUS
- HAV (BUNIONS)
- METATARSAL STRESS FRACTURE
- METATARSALGIA (CAPSULITIS / BURSIITIS)
- NEUROMA: INTERDIGITAL NEURITIS
- PLANTAR PLATE INJURY
- SESAMOID INJURY

#### OTHER PLEASE SPECIFY

### CLINICAL TESTS

#### RANGE OF MOTION NWB

- |                            |                            |                                  |   |
|----------------------------|----------------------------|----------------------------------|---|
| ANKLE                      | SUBTALAR JOINT (STJ)       | MIDTARSAL JOINT (MTJ)            | 1ST METATARSOPHALANGEAL JOINT (1ST MPJ) |
| <input type="radio"/> >10° | INVERSION                  | <input type="radio"/> MOBILE     | <input type="radio"/> >65°              |
| <input type="radio"/> <10° | <input type="radio"/> >20° | <input type="radio"/> RESTRICTED | <input type="radio"/> 20° - 65°         |
|                            | <input type="radio"/> <20° |                                  | <input type="radio"/> <20°              |
|                            | <input type="radio"/> >10° |                                  |   |
|                            | <input type="radio"/> <10° |                                  |   |

#### RESTING STANCE POSITION

- |                                 |                                |                              |                              |
|---------------------------------|--------------------------------|------------------------------|------------------------------|
| FOOT TYPE                       | CALCANEUS POSITION             | ARCH HEIGHT                  | MSRT FORCE                   |
| <input type="radio"/> SUPINATED | <input type="radio"/> INVERTED | <input type="radio"/> LOW    | <input type="radio"/> LOW    |
| <input type="radio"/> NORMAL    | <input type="radio"/> VERTICAL | <input type="radio"/> NORMAL | <input type="radio"/> NORMAL |
| <input type="radio"/> PRONATED  | <input type="radio"/> EVERTED  | <input type="radio"/> HIGH   | <input type="radio"/> HIGH   |

## CLINICAL TESTS (CONT'D)

- |                                  |   |  |  |
|----------------------------------|---|--|--|
| <b>SAGITTAL PLANE ASSESSMENT</b> | <b>LUNGE TEST</b><br><input type="radio"/> > 10cm OR > 35-38°<br><input type="radio"/> < 10cm OR < 35-38° | <b>JACKS TEST FORCE</b><br><input type="radio"/> LOW<br><input type="radio"/> HIGH | <b>JACKS TEST RANGE</b><br><input type="radio"/> LOW<br><input type="radio"/> HIGH |
|----------------------------------|---|--|--|

## PATIENT INFORMATION

- |                   |   |  |  |
|-------------------|---|--|--|
| <b>ACTIVITIES</b> | <input type="radio"/> CASUAL<br><input type="radio"/> WALKING >1HR DAY<br>OTHER (SPECIFY) <input style="width: 60%; border: 1px solid black;" type="text"/> | <input type="radio"/> RUNNING >1HR DAY<br><input type="radio"/> STANDING 4HRS+ PER DAY | <input type="radio"/> GENERAL SPORTS<br><input type="radio"/> HIGH IMPACT SPORTS |
|-------------------|---|--|--|

- |                      |   |  |   |
|----------------------|---|--|---|
| <b>FOOTWEAR TYPE</b> | <input type="radio"/> RUNNING SHOES<br><input type="radio"/> WALKING SHOES<br><input type="radio"/> LACE UPS<br>OTHER (SPECIFY) <input style="width: 60%; border: 1px solid black;" type="text"/> | <input type="radio"/> MARY JANES<br><input type="radio"/> FOOTBALL BOOTS<br><input type="radio"/> CYCLING CLEATS | <input type="radio"/> SKI BOOTS<br><input type="radio"/> WORK BOOTS<br><input type="radio"/> GOLF SHOES |
|----------------------|---|--|---|

## ORTHOTIC STYLE

- |                            |  |  |  |  |   |  |
|----------------------------|--|--|--|--|---|--|
| <b>COVER LENGTH</b>        | <input type="radio"/> NO COVER   | <input type="radio"/> SHELL LENGTH                                 | <input type="radio"/> SULCUS LENGTH                                    | <input type="radio"/> FULL LENGTH                                  |   |  |
| <b>DURAFIT (SMOOTH)</b>    | <input type="radio"/> BLACK  | <input type="radio"/> BRONZE                                       | <input type="radio"/> COCOA  | <input type="radio"/> SKIN   |   |  |
| <b>DURAFIT (SEMI PERF)</b> | <input type="radio"/> ANTHRACITE<br><input type="radio"/> BEIGE<br><input type="radio"/> BLACK | <input type="radio"/> BLUE<br><input type="radio"/> CAMEL          | <input type="radio"/> CREAM<br><input type="radio"/> LIME              | <input type="radio"/> MAGENTA<br><input type="radio"/> MARINE/NAVY | <input type="radio"/> ORANGE<br><input type="radio"/> SILVER                                | <input type="radio"/> SKIN<br><input type="radio"/> STONE            |
| <b>EVA 2mm</b>             | <input type="radio"/> BLACK<br><input type="radio"/> BLUE                                      | <input type="radio"/> RED<br><input type="radio"/> LIME GREEN      | <input type="radio"/> BLACK/GREY<br><input type="radio"/> BLUE SWIRL   | <input type="radio"/> NATURAL<br><input type="radio"/> YELLOW      | <input type="radio"/> PURPLE<br><input type="radio"/> PINK                                  | <input type="radio"/> LIME SWIRL<br><input type="radio"/> PINK SWIRL |
| <b>EVA 3mm</b>             | <input type="radio"/> BLACK<br><input type="radio"/> BLUE                                      | <input type="radio"/> RED<br><input type="radio"/> LIME GREEN      | <input type="radio"/> BLACK/GREY<br><input type="radio"/> BLUE SWIRL   | <input type="radio"/> NATURAL<br><input type="radio"/> YELLOW      | <input type="radio"/> PURPLE<br><input type="radio"/> PINK                                  | <input type="radio"/> LIME SWIRL<br><input type="radio"/> PINK SWIRL |
| <b>NORA LUNASOFT 2mm</b>   | <input type="radio"/> CORK<br><input type="radio"/> BLACK/RED                                  | <input type="radio"/> QUATTRO<br><input type="radio"/> BLACK/WHITE | <input type="radio"/> BLACK/YELLOW<br><input type="radio"/> BLACK/PINK | <input type="radio"/> BLACK/PURPLE                                 | <input type="radio"/> LUNALASTIK 2mm FLESH<br><input type="radio"/> LUNALASTIK 2mm SKY BLUE |  |
| <b>NEOPRENE 1.5mm</b>      | <input type="radio"/> BLACK  | <input type="radio"/> BLUE   | <input type="radio"/> GREY BAMBOO                                      |  |   |  |
| <b>NEOPRENE 3mm</b>        | <input type="radio"/> BLACK  | <input type="radio"/> BLUE   | <input type="radio"/> GREY BAMBOO                                      |  |   |  |
| <b>LEATHER</b>             | <input type="radio"/> BLACK  | <input type="radio"/> SAND   |  |  |   |  |

- |                               |  |  |   |
|-------------------------------|--|--|---|
| <b>SPECIALTY</b>              | <input type="radio"/> DIABETIC ANTI SHEAR<br>3mm STONE GREY  | <input type="radio"/> PLASTAZOTE 3mm<br>FLESH  | <input type="radio"/> PLASTAZOTE 6mm<br>FLESH |
| <b>PORON CUSHIONING LAYER</b> | <input type="radio"/> 1.6mm MEDICAL (FOREFOOT ONLY)<br><input type="radio"/> 1.6mm MEDICAL (FULL LENGTH) | <input type="radio"/> 3.2mm MEDICAL (FOREFOOT ONLY)<br><input type="radio"/> 3.2mm MEDICAL (FULL LENGTH) |   |

### ADDITIONAL PAIRS

TYPE

TOP COVER

### DELIVERY (BASED ON ORDERS RECEIVED BY 3PM EST.)

- STANDARD DISPATCH 5 WORKING DAYS
- SILVER EXPRESS DISPATCH 3 WORKING DAYS (+\$20)
- GOLD EXPRESS DISPATCH 2 WORKING DAYS (+\$30)
- PLATINUM EXPRESS DISPATCH 1 WORKING DAY (+\$50)

DISPENSE DATE

- I ACKNOWLEDGE THAT I HAVE CHECKED THE PRESCRIPTION AND IT IS COMPLETE AND CORRECT

### OTHER INSTRUCTIONS